

WEEKLY ACTIVITIES (18 June – 20 September)

All activities must be booked by 5:00 pm on the day before via the Mio Trentino App or at one of the Madonna di Campiglio Tourism Board Info Points.

Required equipment for all organised activities

Hiking boots suitable for mountain trails (Vibram sole recommended)

Backpack

Water

Trekking poles (for hiking excursions)

Lightweight waterproof jacket

Fleece or light sweatshirt

Snack or packed lunch (where available, participants may also have lunch at the mountain hut and use its facilities)

Hat and sunglasses

Fully charged mobile phone

Sunscreen

Small first-aid kit

MONDAY

Discover Doss del Sabion

A full-day hike to discover the Pinzolo area, accompanied by certified Alpine Guides, through breathtaking alpine landscapes, art and nature. Starting from the village of Pinzolo, participants take the lift to Doss del Sabion before continuing on foot towards Lake Grual, home to Marco Nones' artistic installations dedicated to the "Island of Contemplation"—a place designed to slow down, recharge and reconnect with the mountains. The itinerary then continues towards Malga Cioca and Pra Rodont, following pleasant mountain trails surrounded by spectacular alpine scenery. The return to Pinzolo is by cable car from Pra Rodont.

Alternative itinerary (when lifts are closed – 14 September)

Meeting at the Pinzolo cable car departure station. From Carisolo, the route reaches the Hermitage of San Martino, continues to the spectacular Nardis Waterfalls, and finally descends to the Ancient Glassworks.

Time: 9:00 am

Meeting point: Pinzolo–Pra Rodont cable car lower station

Arrival information: Free parking available at the Pinzolo–Pra Rodont cable car station.

Difficulty: Easy to moderate

Elevation change: Approximately 600 m of descent

Duration: Full day, approximately 9:00 am – 4:30 pm

Minimum age: 8 years (children must be accompanied by an adult)

TUESDAY

Admiring the Dolomites from Val Nambino

From the centre of Madonna di Campiglio, participants take the Pradalago gondola lift to reach higher altitude and immerse themselves in the spectacular scenery of the Adamello Brenta Nature Park. Following trail No. 226, the hike leads to Busa dei Cavai (2,115 m), a stunning natural viewpoint surrounded by the silence and beauty of the mountains. The route then descends through the magnificent landscapes of the Presanella Group, crossing ancient rock formations sculpted by time and dense spruce forests. Suddenly, nestled in a natural basin, Lake Nambino comes into view: a beautiful glacial lake reflecting the jagged peaks of the Brenta Dolomites, offering one of the valley's most iconic and breathtaking panoramas. The return to Madonna di Campiglio is on foot.

Time: 9:00 am

Meeting point: Pradalago gondola lift – lower station

Arrival information: Paid parking is available at the Pradalago gondola lift in the centre of Madonna di Campiglio.

Difficulty: Moderate

Elevation change: Approximately 700 m descent and 100 m ascent

Duration: Full day, approximately 9:00 am – 4:30 pm

Minimum age: 8 years (children must be accompanied by an adult)

First Horse Riding Experience in Val Rendena

A unique experience designed for anyone wishing to discover authentic stable life and learn what it means to be a rider—from meeting and caring for a horse to taking their very first ride—in a beautiful natural setting. The activity begins with an introduction to horse care. Participants learn how to groom and prepare the horse while gaining an understanding of its behaviour and developing a respectful relationship with the animal. The experience continues with a first ride, during which participants learn the basic riding commands and how to communicate safely and confidently with the horse. An educational and engaging activity, perfect for families, combining learning, nature and unforgettable emotions.

Please note: Only one time slot may be booked per day.

Available time slots: 9:00 am · 10:00 am · 11:00 am · 12:00 pm *(28 July – 25 August)*

Meeting point: Gottardi Lara Farm, Porte di Rendena (Villa Rendena)

Arrival information: Free parking available on site.

Duration: Approximately 1 hour per session

Minimum age: 3 years (children must be accompanied by an adult)

WEDNESDAY

One, Two, Three... Off to the Alpine Dairy!

A fascinating nature hike led by an expert from the Adamello Brenta Nature Park.

The sound of grazing cattle bells and the calls of local shepherds provide the soundtrack to this scenic walk through the alpine meadows and mountain dairies of the Boch and Vagliana basins. During the International Year of Rangelands and Pastoralists, this cultural itinerary offers the opportunity to discover a little-visited area—an oasis of nature within a wider, human-shaped landscape. An authentic experience where nature, history and alpine traditions come together.

Itinerary: Stoppani – Graffer – Malga Vagliana – Malga Vaglianella – Malga Mondifrà – circular return

Alternative itinerary (when lifts are closed – 24 June & 6 September): Malga Mondifrà – Val Gelada – Malga Vagliana – Malga Vaglianella – circular return

Time: 9:00 am

Meeting point: Grostè cable car ticket office

Arrival information: Paid parking available at the Grostè gondola lift.

Difficulty: Moderate (*mainly due to the downhill sections*)

Elevation change: Approximately 197 m ascent and 943 m descent

Duration: Full day, approximately 9:00 am – 4:00 pm

Minimum age: 8 years (*children must be accompanied by an adult*)

THURSDAY

Discover the History and Culture of Pinzolo

(Available from 5 June to 27 September)

A pleasant guided walk through the village of Pinzolo, exploring the history, culture and traditions of the local community and the wider Trentino region. The tour begins at the Church of San Vigilio, home to the famous Dance of Death (Danse Macabre) fresco, before continuing to the Church of San Lorenzo, where participants discover the artistic heritage that has shaped the area's cultural identity. The walk then follows the "Emigrant's Walk", located in the heart of the village, offering insight into the great wave of Trentino emigration during the late nineteenth century and the traditional occupations that once characterised the local valleys.

The experience concludes in the Pineta Park, where participants learn about the area's natural environment, including its geology and native flora.

Time: 9:30 am

Meeting point: Cemetery car park, Pinzolo (opposite the Pinzolo–Pra Rodont cable car station), next to the war cannon monument.

Arrival information: Free parking available at the meeting point.

Difficulty: Easy

Duration: Approximately 2 hours (9:30 am – 11:30 am)

Minimum age: 8 years (*children must be accompanied by an adult*)

E-MTB Alpine Hut Tour

Meet at 2:00 pm outside the Madonna di Campiglio Tourism Board (ApT) Info Point, where the MTB guides will provide a briefing and explain the route. The ride follows scenic trails around Madonna di Campiglio, exploring beautiful mountain landscapes under the guidance of qualified MTB instructors.

Please note: Participants must bring their own e-mountain bike and helmet, as neither is provided.

Time: 2:00 pm

Meeting point: Outside the ApT Info Point, Via Pradalago 4, Madonna di Campiglio

Arrival information: There is no parking at the meeting point. Several public car parks are available throughout the centre of Madonna di Campiglio.

Difficulty: Moderate, Suitable for adults and young riders with good technical riding skills and a reasonable level of fitness.

Elevation change: Approximately 450 m ascent and 450 m descent

Duration: Approximately 3 hours (2:00 pm – 5:00 pm)

Minimum age: 10 years (*children must be accompanied by an adult*)

FRIDAY

Discover Val Genova

A captivating full-day hike into the heart of Upper Val Genova, led by certified Alpine Guides, exploring some of the valley's most spectacular and iconic locations.

The excursion begins at Malga Bedole and follows part of the renowned Waterfalls Trail, offering breathtaking views of the unspoilt landscapes of the Adamello Brenta Nature Park. Along the way, participants reach a panoramic viewpoint overlooking the impressive Matarot glacial amphitheatre, where a spectacular waterfall cascades directly from the glacier above.

The hike continues across the picturesque Ponte delle Cambiali, an ideal vantage point from which to admire the powerful Sarca River, before reaching the majestic Pedruc Waterfall and the charming Malga Caret. An unforgettable experience immersed in water, glaciers and extraordinary alpine scenery.

Time: 9:00 am

Meeting point: Ponte Verde car park (free for holders of any DoloMeet Pass). Participants then continue to Malga Bedole using their own vehicles.

Arrival information: Booking a parking space at Bedole via the Park's app or website is recommended.

Difficulty: Easy

Elevation gain: Approximately 200 m

Duration: Full day, approximately 9:00 am – 4:30 pm

Minimum age: 8 years (*children must be accompanied by an adult*)

Mini Pony Experience – Meet & Walk

A gentle and engaging activity designed especially for families and young children, offering a safe and enjoyable introduction to the world of horses.

During the experience, participants meet the friendly mini ponies and learn how to care for them through simple activities such as petting, grooming and building a first connection with the animals. This is followed by a short outdoor walk, where each participant has the opportunity to lead a pony by hand under the supervision of experienced instructors.

A memorable experience enriched by close contact with the animals and plenty of opportunities for souvenir photos—an authentic way to enjoy nature together.

Please note: Only one time slot may be booked per day.

Available time slots: 9:00 am · 10:00 am · 11:00 am

Meeting point: Gottardi Lara Farm, Porte di Rendena (Villa Rendena)

Arrival information: Free parking available on site.

Duration: Approximately 1 hour

Minimum age: Suitable from birth (*children must always be accompanied by an adult*)

SATURDAY

Artpinistic Trail & Tibetan Bridge

An exciting via ferrata combining adventure, nature and art along a fascinating circular route.

The trail is enhanced by numerous sculptures in wood, stone and metal, created by local artists and climbers, making the experience even more unique and inspiring. The route alternates between steeper, cable-equipped sections with metal steps and easier walking stretches, creating a varied and enjoyable adventure for participants. One of the highlights is the

spectacular crossing of the Tibetan suspension bridge, set in a breathtaking natural environment.

Please note: Harness, helmet and via ferrata safety equipment are provided by the Alpine Guides.

Time: 9:00 am

Meeting point: Preore Climbing Area

Arrival information: From the village of Preore, follow the road towards Montagne – Prà da l'Asen. After the first right-hand hairpin bend, the climbing area car park is on the left.

Difficulty: Moderate

Elevation gain: Approximately 260 m

Duration: Approximately 2 hours (9:00 am – 11:00 am)

Minimum age: 10 years (*children must be accompanied by an adult*)

Amolacqua Trail – Bridges & Crystal-Clear Waters

(Available from 5 June to 27 September)

A gentle walk suitable for everyone, leading through the beautiful river landscapes of Val Nambrone to the spectacular Amola Waterfall. The trail winds through woodland, wooden footbridges, turquoise streams, alpine meadows and blueberry fields before reaching the waterfall, where the waters of the Sarca River have sculpted crystal-clear pools and small natural basins over centuries. Along the route, visitors are treated to countless shades of blue and green created by the ever-changing reflections of the water, making this one of the valley's most enchanting natural settings. The excursion is led by experienced Alpine Guides.

Time: 2:00 pm

Meeting point: Nambrone Mountain Hut (Rifugio Nambrone), Val Nambrone

Arrival information: Large free car park available near the refuge. The area is accessible only by private car; no shuttle service operates in the valley.

Difficulty: Easy

Duration: Approximately 3 hours (2:00 pm – 5:00 pm)

Minimum age: 6 years (*children must be accompanied by an adult*)

SUNDAY

Discover Monte Cengledino

This scenic circular hike from Malga Cengledino to the Baito dei Cacciatori mountain hut offers a peaceful immersion in nature, perfect for those wishing to experience the mountains at a relaxed pace. The variety of landscapes makes this itinerary especially rewarding, passing through alpine pastures, forests and wide panoramic viewpoints while offering opportunities to discover the area's rich mountain flora. Located at the foot of Monte Cengledino, the mountain hut enjoys magnificent views over Tione and the surrounding peaks, stretching from the Brenta Dolomites to Monte Bondone and the Ledro Alps. The route then continues towards Stablo Marcio, crossing landscapes of outstanding natural beauty before returning to the starting point.

Time: 8:30 am

Meeting point: Church of Tione di Trento. Participants then continue to the starting point using their own vehicles.

Arrival information: Free parking available at Località Cengledino.

Difficulty: Easy

Elevation gain: Approximately 350 m

Duration: Approximately 4 hours (8:30 am – 1:00 pm)

Minimum age: 8 years (*children must be accompanied by an adult*)

OUTDOOR WEEKS – ADDITIONAL ACTIVITIES (18 June – 3 July and 30 August – 20 September)

All activities must be booked by 5:00 pm on the day before via the Mio Trentino App or at one of the Madonna di Campiglio Tourism Board Info Points.

TUESDAY

Canyoning in Val Brenta

Experience the thrill of canyoning in Val Brenta, where the power of water and the beauty of nature come together in an unforgettable adventure.

Equipped with a wetsuit and helmet, participants follow the mountain stream through narrow gorges, natural water slides, crystal-clear pools and exhilarating rope descents alongside rock walls sculpted over thousands of years.

This exciting itinerary offers the opportunity to explore pristine natural environments under the supervision of certified Alpine Guides, providing a unique way to experience the mountains from an entirely new perspective—where water, rock and adrenaline meet.

Please note: Participants must reply to the confirmation email sent by the guide on the day before the activity in order to receive technical information and communicate their wetsuit size.

Time: 9:00 am

Meeting point: Val Brenta – Località Pra de La Casa

Arrival information: Free parking available at Pra de La Casa or Piazzale delle Bore for DoloMeet Pass holders.

Duration: Approximately 3 hours

Difficulty: Moderate (*good physical fitness and confidence in the water are required*)

Minimum age: 10 years (*minimum height 1.40 m; children must be accompanied by an adult*)

Participants should bring:

- Swimsuit
- Towel
- Hiking shoes
- Spare underwear
- Spare shoes or flip-flops
- Contact lenses (recommended for participants who normally wear glasses)

We recommend leaving valuables and non-waterproof items at home.

E-MTB Tour to Lake Valagola

Meet at 2:00 pm outside the Madonna di Campiglio Tourism Board (ApT) Info Point, where the MTB guides will introduce the route before departure.

The ride begins towards Vallesinella, continues through Val Brenta, and climbs to the beautiful Lake Valagola, before returning via a different scenic route.

Throughout the excursion participants are accompanied by qualified MTB guides.

Please note: Participants must bring their own e-mountain bike and helmet.

Time: 2:00 pm

Meeting point: ApT Info Point, Via Pradalago 4, Madonna di Campiglio

Arrival information: No parking is available at the meeting point. Public parking is available throughout the town centre.

Difficulty: Moderate

Elevation gain: Approximately 500 m ascent and 500 m descent

Duration: Approximately 3 hours (2:00 pm – 5:00 pm)

Minimum age: 10 years (*children must be accompanied by an adult*)

THURSDAY

Discover a Via Ferrata in the Dolomites

The Via Ferrata Vidi follows the spectacular ledges of Pietra Grande (2,937 m), offering a panoramic route through one of the most fascinating geological and natural environments in the Brenta Dolomites.

The itinerary traverses the mountain's western face along impressive natural ledges. Although some sections are exposed, the route is not excessively technical, making it an excellent choice for hikers looking for an authentic via ferrata experience away from the crowds.

Please note: Harness, helmet and via ferrata equipment are provided by the Alpine Guides.

Time: 8:30 am

Meeting point: Grostè gondola lift – lower station

Arrival information: Paid parking available at the Grostè gondola station.

Difficulty: Challenging (*EEA-D classification*)

Elevation change: Approximately 300 m ascent and 700 m descent

Alternative itinerary (when Grostè gondola is closed)

18 June: Meet at Malga Zeledria. The route climbs on foot towards Pradalago, continuing along the Ugo Bozzetto equipped trail to Cima Zeledria, before returning on foot.

17 September: Meet at the Pradalago gondola lift. Participants take the lift before joining the Bozzetto equipped trail.

Duration: Full day, approximately 8:30 am – 4:30 pm

Minimum age: 10 years (*children must be accompanied by an adult*)

SATURDAY

Canyoning in Val Brenta

Experience the excitement of canyoning through one of the most spectacular natural environments in the Adamello Brenta area.

Equipped with a wetsuit and helmet, participants descend the stream through narrow canyons, natural slides, crystal-clear pools and rope abseils under the guidance of experienced Alpine Guides.

Please note: Participants must confirm their attendance by replying to the guide's email the day before the activity and provide their wetsuit size.

Time: 9:00 am

Meeting point: Val Brenta – Località Pra de La Casa

Arrival information: Free parking available at Pra de La Casa or Piazzale delle Bore for DoloMeet Pass holders.

Duration: Approximately 3 hours

Difficulty: Moderate (*good physical fitness and water confidence required*)

Minimum age: 10 years (*minimum height 1.40 m; children must be accompanied by an adult*)

Participants should bring:

- Swimsuit
- Towel
- Hiking shoes
- Spare underwear
- Spare shoes or flip-flops
- Contact lenses if required

Please avoid bringing valuables or non-waterproof personal belongings.

SUNDAY

E-MTB Tour with the Dolomites as Your Backdrop

Meet at 2:00 pm at the Pinzolo–Pra Rodont cable car station, where the MTB guides will introduce the itinerary.

Participants take the lift to Pra Rodont before riding towards Malga Cioca, continuing to Passo Bregn de L'Ors, then to Malga Movlina, before descending to Massimeno via Malga Plan and returning to the starting point.

The excursion is led by qualified MTB guides and offers spectacular views of the Brenta Dolomites throughout the route.

Alternative itinerary (20 September – lifts closed)

The meeting time remains unchanged. The guide will select an alternative route according to the participants' riding ability.

Please note: Participants must provide their own e-mountain bike and helmet.

Time: 2:00 pm

Meeting point: Pinzolo–Pra Rodont cable car station

Arrival information: Free parking available at the Pinzolo–Pra Rodont–Doss del Sabion cable car station.

Difficulty: Moderate, Suitable for adults and young riders with good technical riding skills and a solid level of fitness.

Elevation change: Approximately 500 m ascent and 1,000 m descent

Duration: Approximately 3 hours (2:00 pm – 5:00 pm)

Minimum age: 12 years (*children must be accompanied by an adult*)